

VALLEY SENIORS NEWSLETTER

MARCH.

2023



EXECUTIVE OFFICERS

President - Ron Hill

1st Vice Pres - Alan Edkins 2nd Vice Pres - Ian Balding

Secretary - Caroline Thompson Treasurer - Neil Peters Past President - Vacant

DIRECTORS

Shirley Kolompar, Sheila Garrison, Cindy Shillito, Denise Hamilton

Jeff Theriau, Frank Enns, Gail MacDonald,



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198 Government St. Duncan BC V9L 1A2

Ph. (250) 746-4433

Fax (250) 746-4482

E-mail: valleyseniorsorg@shaw.ca

web site: www.valley-seniors.org

**ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER
ARE INSERTED AS RECEIVED**

HAPPY BIRTHDAYS & ANNIVERSARIES

The Valley Seniors Members send our best wish to everyone celebrating
Birthdays & Anniversaries



congratulations



DAYLIGHT SAVINGS TIME

MARCH 12th



VSO ELECTION MARCH 2023

Election day will soon be upon us; and we will be electing a number of key positions in our organization.

This year we will be selecting a President, to guide us through the next two years, as well as a second Vice President and a treasurer to complete the executive slate. Along with these positions we have four board of Directors positions to fill.

We have a number of members willing to give their time to fill these positions, but it is up to you to decide who you wish to represent and guide our organization.

Please remember to come out and vote in March.

Just a reminder that you must be a member in good standing (**dues paid**) to vote. Please bring your membership card.

Earle Dukes

Nominating Committee

PRESIDENTS REPORT

Well here we are into March already. Annual General Meeting is coming up, get out and meet the candidates, this is your club and time to elect some new people.

This is the last time I will be doing a Presidents report. I want to thank all the members that have supported me over these years, I know there has been some rocky roads, but once the dust settled, I hope that we are all on the same page, and we stand together for the betterment of the club. Thank you to my wife Shirley that has been there through all of it. Thanks to the Executive and Board members that have done so much to help me with the running of this club. I know as in all organizations there are some members that didn't agree with everything that has happened, to these members I hold no bad feelings, if over these years I have offended any member my apologies for that. I leave this position believing, in this club and in the members that will deliver a strong Executive to carry on.

If I take time to reflect on any thing, it is reopening of the club after Covid, after closing our doors for three months, we had to reopen. This was not a small task, I had stepped down as President and was Past President. I was asked by the Executive to act as President while getting the place open once again. I talked to Shirley and decided ok lets do this, then decided to run for one more term., hence we are at this point today. Again without the help of so many people the task would have been more than one person could handle, so thank you again to my Wife Shirley who worked so hard to reopen the kitchen, under Covid regulations, and keeping money coming in. Also to Ian for standing by my side through it all. As the regulation for Covid changed so did we, bingo once again reopened, under Covid regulations, thank you Gail for stepping up. The reopening was done with the help of many volunteers, and a strong membership that believed in their club. Thank you all.

To all members, I will always support our club, volunteering, and knowing it takes more than just a membership to keep this club afloat, please support the kitchen, crafts, dances, special events, all this and many other things that keep the doors open.

I had the opportunity to work the window in the kitchen while some of the kitchen volunteers and my wife enjoyed some well deserved time away. Ian once again was there at my side, Claudia Parker also helped thank you. To do this is not the President's job or the 2nd Vice's job, but we like everyone else are volunteers. After doing the job on two of busiest days, Tuesday and Wednesday, it is safe to say, all kitchen volunteers need to be praised everyday for the jobs they do. **A pat on the back, goes along way.**

Thank you

Ron Hill

Mixed Shuffleboard Report.

January 2023.

Dan Hughes.

1st	Earle	21	points
2nd	Dan	19	"
3rd	Tony	17	"
3rd	Steve	17	"
4th	Bill Naherniak	13	"
4th	Gary	13	"
5th	Warren	11	"
5th	Rad	11	"

19 players participated in January.

Total games played ----- 27.

LADIES SHUFFLEBOARD

Thursday 12:30 sharp

Hello Everyone,

We, welcome anyone to join us, more the merrier. Come and join us on Thursdays at 12:30, earlier if you want to have lunch. Just show up.

Shirley Kolompar, Co-Ordinator/Board Member

Hello Everyone,

If you know of a reputable business that would like to advertise in our Newsletter. Our rates are \$40.00/mth or \$100.00/yr. for a business card size ad. They can contact me through the Centre at 250-746-4433 or valleyseniorsorg@shaw.ca

Let us support these businesses who support us.

Our featured business this month is **“SEASIDE COMPUTER SERVICE”**

We are a proud member of the **Cowichan Duncan Chamber of Commerce.**

Shirley Kolompar, Advertising & Board Member

Ukulele Group Report

Ativty continues to be positive at VSO with the Ukulele Group. Newbies are enjoying their playing with the group.

We were treated to a song, by Hamish, accompanied by his Autoharp, recently.

Some more Ukulele good news: We are booked to play in the 39 Days of July. July 22, 1:00 pm.

Al Lawrence - Coordinator



Cowichan Pipes and Drums - REPORT

Rod Booth – band manager

rod.booth@shaw.ca

Two of our band members, Chuck and Mike, are fortunate to winter in Mesa, Arizona. While there they represent the Cowichan Pipes and Drums by practicing and performing with the Mesa Fire Department Pipes and Drums. They recently participated in the Annual Mesa Fire Department Pipes and Drum Pie Auction. Sunny blue skies, bagpipes, and pie, it can't get any better than that. The band is holding our annual St. Patrick's day celebration this month. If you are able, we would love to have you join us for an evening of Irish-themed food and entertainment. Details are in the following poster.

Financial Report JANUARY 2023		
	BINGO	GEN. ACCOUNT
Opening Balance	\$3,805.61	\$22,670.24
Income	\$7,167.50	\$28,376.41
Expenses	\$6,195.80	\$10,481.24
Closing Balance	\$4,777.31	\$40,565.41
VSO Treasurer - Neil Peters		

KITCHEN REPORT

Kitchen Report

Welcome to all our new members. Along with new membership we also need help with volunteering in order to keep our kitchen viable.

I speak for the kitchen because I am the Coordinator and have been for many, many years.

I have requested to have someone take over my position but so far there is no response.

Several of us that work in the kitchen are 80 plus years and we too wake up with aches and pains where we would just as soon roll over in our beds but we are dedicated and so we start another day all over again. You don't need training per say you only need dedication and fresh new ideas.

Keep in mind No Kitchen, No Bingo.....Our doors will be closed.

If this tugs at your heart PLEASE step forward ASAP!

As you are aware some of our prices have increased. Shopping for a Centre of this volume can be a nightmare. It means running from one store to another looking for the best deal.

I am aware of some of the negative comments re: our price increases. I just wish these people would offer to do ALL the shopping , the cooking, the baking on top of the shopping. Yes, all on a volunteer basis. We work hard for you, the Members of our Organization. We are DEDICATED VOLUNTEERS! Please...You either support what we do or keep your negative opinions on Silent Mode because its hurtful.

I have stated several times—"yes...a pat on the back goes a long way during these testy time".

Colleen has worked faithfully with me for one year however she has now given that up. I thank her for all that she has done. See you around!!

Respectfully Yours,

Shirley Hill....Kitchen Coordinator.

	50/50	WINNERS	FEBRUARY 20232
DATE	NUMBER	AMOUNT	WINNER
7-FEB	994162	\$245.00	RUTH GRAHAM
14-FEB	222719	\$215.00	MURRY SCHAFFER
21-FEB	886854	\$212.00	EVELYN HUOT
28-FEB	NO DRAW		

FEBRUARY DANCE

We had 69 members and guests enjoying Feb 18th dance, thank you to everyone for attending. Double Play did a fine job with the music. Thank you to the volunteers that helped provide the lunch, and those that helped set up and take down. The hard part of clean up is in the kitchen a little more help could be used in this area.

Next dance will be March 17th St. Patrick's day, music by Islan Spirit. Come out and enjoy yourself bring a friend, the more the merrier.

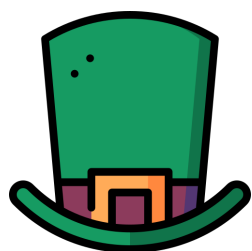
Here are some picks from Feb. dance.



Don't just come to these dances as a guest, come and join our happy family, for \$30.00 per year you can become a member. We offer lots of activities, pool, shuffleboard, carpet bowling, cribbage, crafts, come out on Tuesday for bingo, there is always something happening at the Valley Seniors Organization.

ST. PATRICKS DAY DANCE

MARCH 17th

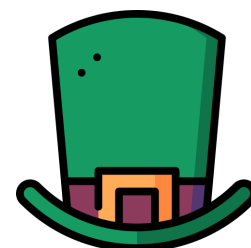


DOORS OPEN: 6:30pm

BAR OPEN: 7:00pm

DANCE: 7:00-10:00pm

LITE LUNCH: 8:30



REMEMBER THIS IS A FRIDAY NIGHT

NOT SATURDAY

COME AND ENJOY THE FUN

BRING A FRIEND

\$12.00 pp



DARTS

Well, well who would have known that darts would take off to being a popular sport. We are having a great turnout of members showing up and trying to improve their hand, eye coordination. And you all thought we were playing darts. Our numbers have increased wonderfully we have requested a third dart board and score board as well I hope.

Ron Hill the President has obtained a dart board and had a back board made, which we have been told will be hung by March 1st. Thank you Ron.

The scores below don't really mean anything but it is fun to try to get over 80 on a single turn.

Diane 82 Denise 88 Another Diane 82 They 82 Brad 87 Marlene 89

Thank you again to Earle for getting our teams organized each week. Also a big thank you to the scorekeepers you are all awesome.

See you all next Wednesday at 1:00.

Dart Coordinator

Marlene Herrmann

CRAFT REPORT

Please note that we have some new items in the cabinets:

- Jar openers – to help us open tightly sealed glass jars
- Dog coats
- Crocheted baskets

We have replenished the catnip mouse supply!

The VSO Craft Group continues to knit, crochet, sew and create on Wednesday mornings and at home.

The cabinets, next to the reception desk, hold a display of our work - when you purchase our handcrafted items, you are supporting the VSO. Thank you for your continued wonderful support.

As the cost of supplies continue to increase we are going to have to increase the prices of some of our items – especially those that we need to purchase materials to supplement the wonderful donations we receive from members.

Once again – if you are cleaning out your craft supplies and wish to donate them to the craft group so we can continue our work – please leave them in the Craft room.

Thank you in advance!

Sheila Garrison

CARPET BOWLING REPORT

The South Island pairs play-off was held at the Valley Seniors on Thursday, February 9th, 2023. Three teams participated and a double round robin was played(6 games). Congratulations to Victoria Langford team that came 1st winning all their games, also to Honeymoon Bay that came 2nd. Both teams will be in the finals. Crofton Seniors were third team.

We wish our team of triples Cindy Shillito, Ian Hammocks, and Joan Ayers the best of luck in the play-offs at Honeymoon Bay on March 15th, 2023.

We welcome new bowlers, Nanci Mann, and Sandie Holdem, both are doing extremely well and making great shots.

Joan Ayers

Carpet Bowling Coordinator

POOL TOURNAMENT

The first pool tournament was held February 22, 2023 at the VSO. Jeff Theriau Director and pool coordinator with the help of other members have undertaken this task. They had a successful evening, with 10 players showing up to play.



WINNERS

Wayne Theriau 1st	\$50.00
Jim Giebelhaus 2nd	\$30.00
A donation to the house	\$20.00

CONGRATULATIONS TO ALL

Valley Senior's Bus Committee Report

February 21st, 2023

Our committee met on February 9th, 2023.

We had discussion on renting of our bus, including price for rental and damage deposit.

Also, our bus passed inspection, excellent.

We are looking forward to seeing our Valley Senior's Organization Logo on bus.

21 of us, including our driver Paul had a great trip to Cascades Casino in Langley.

We had a great time getting to know each other with our little get together on the 2nd day.

The new bus was very comfortable and clean.

Other trips to look forward to are:

View Royal Casino, March 2nd, with Caroline

Courtenay Casino, March 23rd., with Rose.

Port Alberni Casino, and possibly Francis Barkley trip, early May? With Rose/Ian?

Circle Tour, Lake Cowichan through to Port Renfrew, Sooke, dinner and home, early June? With Ian/Rose?

Heritage Museum/Merridale Cidery, date to be determined. With Denise.

Thank-you for the 2 suggestions in the box-

Coombs/Parksville Sand Castles/Rocking Horse Pub.

Paddle Wheeler

We will try our best to arrange as many trips as we can.

Information and sign-up for all trips are and will be at the front desk.

Please if you would like to have future trips with our bus give us a hand with suggestions and lets keep our bus going for our Seniors.

There is a suggestion box at the front desk.

Rose MacKenzie,

Bus Committee Chair



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OPEN MON.—FRI. 9:00am - 3:00pm SAT. 9:00 am - 1:00 PM CLOSED SUNDAYS		DAILY LUNCH Watch for notice board for weekly specials!	IF YOU ARE SICK PLEASE STAY HOME
MON	<ul style="list-style-type: none"> • CARPET BOWLING • CONTRACT BRIDGE • CRIBBAGE • SHUFFLEBOARD (Tournament) 	<ul style="list-style-type: none"> • 9:15am • 12:00 • 12:15 • 11:30am 	
TUES	<ul style="list-style-type: none"> • HARMONICA BAND • BINGO 	<ul style="list-style-type: none"> • 8:30am • 11:00am Early Bird • 12:00pm Regular Games 	
WED	<ul style="list-style-type: none"> • CRAFTS • CARPET BOWLING • MUSIC (ISLAND SPIRIT) • WHIST • SHUFFLEBOARD • CHOIR • DARTS • 4th WEDNESDAY of EACH MONTH (GENERAL MEETING) 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 11:00am • 12:00 • ANYTIME • 1:00pm • 1:00pm • 1:00pm (JAN. 25th) 	
THUR	<ul style="list-style-type: none"> • CARPET BOWLING • CARVERS • CRIBBAGE • LADIES SHUFFLEBOARD 	<ul style="list-style-type: none"> • 9:15am • 11:00am • 12:15 • 12:30pm 	
FRI	<ul style="list-style-type: none"> • DUPLICATE BRIDGE • CARPET BOWLING • WHIST • UKULELE • CHOIR • SHUFFLEBOARD • FRIDAY PROCIDING GENERAL MEETING 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 12:00 • 12:00pm • 1:00pm • ANYTIME • 10:00am (JAN. 20th) 	
SAT	<ul style="list-style-type: none"> • SHUFFLEBOARD (TOURNEMENT) • LINE DANCING • VSO DANCE (DOORS OPEN 6:30 pm \$12.00) (EVERY 1st & 3rd SATURDAY of the MONTH) 	<ul style="list-style-type: none"> • 9:30am • 10:00am • 7:00pm: 	

MARCH 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
						
5.	6. CLOSED	7. HARMONICA BAND 8:45am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	8. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:00 DARTS: 1:00pm	9. CARPET BOWLING 9:15 CRIB – 12:15 LADIES SHUFFLEBOARD 12:30pm	10. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	11. LINE DANCING 10:00 SHUFFLEBOARD – 9:30
12.	13. CLOSED DAYLIGHT SAVINGS TIME	14. HARMONICA BAND 8:45am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	15. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:00 DARTS: 1:00pm	16. CARPET BOWLING 9:15 CRIB – 12:15 LADIES SHUFFLEBOARD 12:30pm	17. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00 BOARD MEETING 10:00pm St. Patrick's Day Dance	18. LINE DANCING 10:00 SHUFFLEBOARD – 9:30
19.	20. CLOSED	21. HARMONICA BAND 8:45am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	22. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:00 GENERAL MEETING 1:00pm	23. CARPET BOWLING 9:15 CRIB – 12:15 LADIES SHUFFLEBOARD 12:30pm	24. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	25. LINE DANCING 10:00 SHUFFLEBOARD – 9:30
26.	27. CLOSED	28. HARMONICA BAND 8:45am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	29. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:00 DARTS: 1:00pm	30. CARPET BOWLING 9:15 CRIB – 12:15 LADIES SHUFFLEBOARD 12:30pm	31. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	