

VALLEY SENIORS NEWSLETTER

FEB.

2023



EXECUTIVE OFFICERS

President - Ron Hill

1st Vice Pres - Alan Edkins 2nd Vice Pres - Ian Balding

Secretary - Caroline Thompson Treasurer - Neil Peters Past President - Vacant

DIRECTORS

Shirley Kolompar, Sheila Garrison, Cindy Shillito, Denise Hamilton

Jeff Theriau, Frank Enns, Gail MacDonald,



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**ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER
ARE INSERTED AS RECEIVED**

In Memoriam



Vera Maynard

Walter Cooke

HAPPY BIRTHDAYS & ANNIVERSARIES

The Valley Seniors Members send our best wish to everyone celebrating
Birthdays & Anniversaries



INCOME TAXES

- I WILL ONCE AGAIN BE DOING INCOME TAXES, Here are some things to remember>
- I will be available every **MONDAY, WEDNESDAY, THURSDAY and FRIDAY 9:30am-11:30am**
- **NO APPOINTMENTS or DROP OFFS. FIRST COME FIRST SERVED**

During this time and most important always remember; **Canada Revenue will NOT call you or contact you via email. If they need to contact you, they will do so by a letter.**

Neil Peters, call (250) 246-0149, please do not call the receptionist. Thank You.

CRIBBAGE

A new year has started, and we welcome a few new players. Lotsof fun especially if you are lucky to reach table 1. We also congratulate Gail MacDonald on getting a 29 hand and Warren Gamble on a 28 hand. Both are very rare and hard to get. Jeff Bulcock was the only one to get a 28 hand last year. Congratulations to everyone.

Neil Peters Cribbage Coordinator

PRESIDENTS REPORT

I am quite surprised that we have a few members that don't realize the duties of the Directors, so here we go. Their first duty is to oversee the running of the Centre; that is bringing suggestions to the board meeting, seeing that the Executive, President, 1st Vice, 2nd Vice, Treasurer, Secretary and Past President do not run amuck. They are also liaisons for activities, this doesn't mean they need to be part of that activity. Directors are not managers of the activity, the activity coordinator will manage and run the activity. If the coordinator has a problem they should contact their liaison person to resolve the problem and if the liaison can not solve the issue they should bring it to the next board meeting, or if it can't wait they may speak with an Executive member.

Everyday running of the Centre is the job of the Executive, and running of the center doesn't mean we are there to clean up other members messes. We are volunteers the same as everyone else. Our doors are always open to members so please feel free to contact us at anytime.

Thank you to all the members and new members that have purchased their memberships for 2023, the first two week we processed 400. A lot of these are new members. it shows us that our club is well respected, and has a friendly atmosphere to those whom are visiting our Centre, and as a result people wish to become members. We still have a number of members that need to sign up for 2023, if you are a coordinator of an activity please remind your people that they need to have a membership to enjoy the activities, if you have a group meeting after hours, they also need a membership so please remind your people that they must join.

As President I have always defended my Directors, and Executive as they do an awesome job. Without them my job would be much more difficult. Please remember I am here doing soup and sandwiches because I chose to, not because I am President. This club needs good leadership and eager Volunteers.

Ron Hill

Ukulele

The Ukulele group continues to play on Fridays, attracting new members to VSO. We lost a few members, due to the Pandemic scare. 16 strummers were present at our last meeting. Recently, a few more new members have joined us, and continue to show up. More voices always sound nicer than few. Nice to hear compliments, (and comments), as members pass by our open door.

Keep on Strummin'

ONE MAN'S JOURNEY TO THE VSO

It was mid summer, two years ago, when we had a guest from Toronto staying at our place in Maple Bay. He was telling me how much he was enjoying playing shuffleboard back home and wondered if there was a place here in Duncan that we might find a place to play.

After a search on the internet I found that the VSO had a board; so we planned a day to the center. When we arrived at the center we were greeted at the door and asked if we had a membership. I said no and was informed that the center was for members and their invited guests, but no problem, let me find someone to show you around.

After a tour of the center we were offered a cup of coffee then we were set free to enjoy the shuffleboard table and also enjoy a few games of pool. We had a very enjoyable couple of hours and then decided to head home. On our way out the door we were asked if we would like to join. Of course I asked "how much" Twenty-Five dollars a year was the response. "Twenty-Five" dollars a year, REALLY, I had twenty-five dollars worth of fun today.

Since that day I have spent many enjoyable hours at the center, and met many wonderful people.

"MY QUESTION I'M ASKING IS HOW CAN I GET MORE FOLKS TO REALIZE THIS GEM, WE HAVE HERE IN THE VALLEY, SO THEY TOO CAN ENJOY ALL THAT THE CENTER HAS TO OFFER."

Financial Report December 2022

	BINGO	GEN. ACCOUNT
Opening Balance	\$5,963.83	\$23,768.67
Income	\$4,352.50	\$13,022.46
Expenses	\$6,645.72	\$14,120.87
Closing Balance	\$3,670.61	\$22,670.26

VSO Treasurer - Neil Peters

50/50 WINNERS

DATE	NUMBER	AMOUNT	WINNER
JAN 3	885177	\$225.00	DELORES BOUTILIER
JAN 10	221890	\$212.00	VIRGINA JACK
JAN 17	993121	\$195.00	MURRY SCHAFER
JAN 24	821785	\$250.00	JACK BATEMAN
JAN 31	885724	@215.00	JACK BATEMAN

Mixed Shuffleboard Report.

December 2022 Scores.

Dan Hughes.

1st	Steve	18 points
2nd	Dan	17 "
3rd	Earle	15 "
4th	Ron Hill	14 "
5th	Tony	12 "
5th	Bill Naherniak	12 "

24 games played in December.

19 players participated.

Grand Totals for the year 2022. 310 Games Played. 24 Players Participated.

1st	Dan	199 points
2nd	Tony	184 "
3rd	Steve	176 "
4th	Bill Naherniak	170 "
5th	Earle	158 "
6th	Gary	121 "
7th	Diane	108 "

LADIES SHUFFLEBOARD

Thursday 12:30 sharp

Hello Everyone,

We, welcome anyone to join us, more the merrier. Come and join us on Thursdays at 12:30, earlier if you want to have lunch. Just show up.

Shirley Kolompar, Co-Ordinator/Board Member

**Happy
Valentine's
Day**

Hello Everyone,

If you know of a reputable business that would like to advertise in our Newsletter. Our rates are \$10.00/mth or \$100.00/yr. for a business card size ad. They can contact me through the Centre at 250-746-4433 or valleyseniorg@shaw.ca

Let us support these businesses who support us.

Our featured business this month is **“VALLEY CARPET ONE”**

We are a proud member of the **Cowichan Duncan Chamber of Commerce.**

DANCE REPORT JANUARY 2023

We had a very successful dance on Saturday the 21st., with seventy people attending. We were entertained by ISLAND SPIRIT to the enjoyment of all. It was all made possible by the tremendous help from the following people: Dennis, Earle, Rad, setup tables and chairs, Deloris, Mel and Cindy food servers and cleanup and Colleen for food preparation Shirley Hill for the great table decorations And finally, all those people who stayed behind and helped break down the tables.

Ian Balding

Dance Coordinator

BUS REPORT (Rose MacKenzie)

We would like to welcome a new bus driver to our Senior Center, Paul Richards will be taking us to the Cascade Casion, please welcome him. Neville Townsend will still be driving for us, thank you to both divers.

Other trips we are working hard at setting up:

- Port Alberni Casino, and Francis Barkley trip, early May
- Circle Tour, Lake Cowichan through to Port Renfrew, dinner at My Chosen Café, in June
- Heritage Museum/Merridale Cidery, date to be announced. Denise Hamilton
- Saltspring IslandTour, date to be announced. Joyce Carls
- Yellowpoint Tours date to be announced. Shirley Hill

Sign up at front desk when trips become available.

Please if you have any suggestions for trips , please contact, Rose MacKenzie or a committee member.

DATE	BUS TRIPS	COST
FEB. 14-16	CASCADES CASINO - LANGLEY B.C.	\$290.00
MARCH 2nd	VIEW ROYAL CASINO	\$35.00
MARCH 23rd	COURTENAY CASINO	\$45.00

CARPET BOWLING

On Friday January 20, 2023 a meeting was held with the bowlers to discuss the Vancouver Island Carpet Bowling Touraments for this coming year.

For our South Island the pairs are to be played at our centre on Thursday, February 9, 2023 if interested please see Cindy Shillito or Joan Ayers as we may have to have an "In House" play-off. The triples and fours are being played in Honeymoon Bay and tentative dates are triples March 15, 2023 and fours March 22, 2023. Again tentative date for finals for North and South Island finalists is April 12, 2023 to be played in Honeymoon Bay.

It would be wonderful if more of our seniors came to learn and join us. It is good exercise and we have fun.

Joan Ayers

Carpet Bowling Coordinator

DARTS

Great to see some new faces join our Darts program. No experience necessary, come and watch to see if you would like to join. We have a few seasoned dart players whom guide us, not so seasoned players to hit the dart board. We had 19 players last week. Soon we will have to add a new board. I will bring it up with the new board after the March election. Sometimes we get mixed up on who's turn it is, but that adds to the fun. A reminder we must be respectful of the choir who shares the large room with us once in a while. We enjoy the music when they are threr behind the curtain. I would like to give A BIG heartfelt Thanks you to EARLE Dykes for organizing us at the beginning of each game. Very much appreciated. I put out a challenge to all the dart players if you get a score of 80 in your single turn of 3 darts, you will get mentioned in the news-letter. I have yet to get that score myself. We are here for fun and camaraderie, we are not in it for serious competition just keep it friendly. There is darts on Feb. 1st but **NO DARTS FEB. 8th.** Will resume on Feb. 15th but no darts on Feb. 22nd as there is a general meeting. For the month of Jan. Ian got 83 points and newcomer Diane got 86 points. WELL DONE

Marlene Herrmann

Darts Coordinator

Kitchen Report

In 2006 our neighbor George Cappella, convinced me the VSO was the place to be. That was 16 years ago, and I am still here to tell you all about it!

When I first walked into the building I wasn't sure it was 'for me' but many smiling faces soon convinced me otherwise.

Paula Baltrop was the desk coordinator and George became President in 2007 after Charles Parker retired. I thought Reception was a 'safe' place to get my feet wet. Soon I convinced Ron he should come and play pool and he soon got attached to the Centre as well.

The kitchen was a totally different scenario than it is now. Soup , sandwiches, and cakes were the fare .On bingo day Nora would bake all those wonderful cakes and squares she was so famous for.

Connie Parker was the Kitchen Coordinator at that time, and she would come in, in the morning, put on Campbell's soup, get her crew to pre make sandwiches for the day. Sadly, many of the sandwiches and soups were not consumed and they went to the food bank at the end of the shift until the food bank refused to take what we had to offer them. They don't consider it 'Food Safe'!! Another story, I guess.

Don King intermittently became President in 2007-2011 and Dianne Hicks was his Kitchen Coordinator as Connie had retired. Don was booked for a vacation, but he was stuck without a Kitchen Coordinator.... Dianne Hicks quit as Coordinator without notice.

Don asked me if I would please take it over until he got back from vacation so I relented!!! Little did I know that 15 years later I would still be in the same position!!!

For everything there is a season and a reason. I am now watching as the sunset of my life becomes more and more evident. There are many days I am told how tired I look, which doesn't help but it does inspire me to carry on with my plan to hand this rewarding [and exasperating] job onto someone younger, who is willing to meet the challenge. I know I have done as good of a job as I possibly could have done. There has to be someone 'out there' who can pick up from where I leave off to make it an even better 'place to be'

Ron retires after election and that is my goal as well. Please feel free to come and speak to me about the future of our kitchen! It is the Best Kept Secret in Duncan. Let's keep it viable!!

Thank you to all who have so faithfully worked with me. We have done a hell of a good job, TOGETHER! Every one of us is an important cog in the machinery of its success.

Shirley Hill...Kitchen Coordinator.

THERE IS NO PLACE ANYTHING LIKE THIS PLACE,

ANYWHERE NEAR THIS PLACE, SO THIS MUST BE THE PLACE!!!



Cowichan Pipes and Drums - REPORT February 2023

Rod Booth – band manager
rod.booth@shaw.ca

In January, the band was able to hold our Robbie Burns gala to celebrate Scotland's favorite poet, after a pause of three years, due to the pandemic. The band was honoured to have four guests from the VSO join us for the evening. Thank you, Ron, Shirley, Denise, and Rick. It was a great night of music, food, fun, and haggis, enjoyed by all.



Shirley and Ron Hill, Derek Crawford,
Denise, and Rick Hamilton



Cowichan Pipes and Drums.



Trying to capture the illusive haggis.

SUPER BOWL LVII

SUNDAY FEB. 12th

KICKOFF: 3:30

BAR WILL BE OPEN

\$5.00 BEER

\$5.00 WINE

PIZZA AT HALF TIME





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OPEN MON.—FRI. 9:00am - 3:00pm SAT. 9:00 am - 1:00 PM CLOSED SUNDAYS		DAILY LUNCH Watch for notice board for weekly specials!	IF YOU ARE SICK PLEASE STAY HOME
MON	<ul style="list-style-type: none"> • CARPET BOWLING • CONTRACT BRIDGE • CRIBBAGE • SHUFFLEBOARD (Tournament) 	<ul style="list-style-type: none"> • 9:15am • 12:00 • 12:15 • 11:30am 	
TUES	<ul style="list-style-type: none"> • HARMONICA BAND • BINGO 	<ul style="list-style-type: none"> • 8:45am • 11:00am Early Bird • 12:00pm Regular Games 	
WED	<ul style="list-style-type: none"> • CRAFTS • CARPET BOWLING • MUSIC (ISLAND SPIRIT) • WHIST • SHUFFLEBOARD • CHOIR • DARTS • 4th WEDNESDAY of EACH MONTH (GENERAL MEETING) 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 11:00am • 12:00 • ANYTIME • 1:00pm • 1:00pm • 1:00pm (JAN. 25th) 	
THUR	<ul style="list-style-type: none"> • CARPET BOWLING • CARVERS • CRIBBAGE • LADIES SHUFFLEBOARD 	<ul style="list-style-type: none"> • 9:15am • 11:00am • 12:15 • 12:30pm 	
FRI	<ul style="list-style-type: none"> • DUPLICATE BRIDGE • CARPET BOWLING • WHIST • UKULELE • CHOIR • SHUFFLEBOARD • FRIDAY PROCIDING GENERAL MEETING 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 12:00 • 12:00pm • 1:00pm • ANYTIME • 10:00am (JAN. 20th) 	
SAT	<ul style="list-style-type: none"> • SHUFFLEBOARD (TOURNEMENT) • LINE DANCING • VSO DANCE (DOORS OPEN 6:30 pm \$12.00) (ONE DANCE PER MONTH UNTIL APRIL) • DOUBLE PLAY 	<ul style="list-style-type: none"> • 9:30am • 10:00am • 7:00pm: 	

FEBRUARY 2023

SUN	MON	TUE	WED	THUR	FRI	SAT
						
5.	6.	7.	8.	9.	10.	11.
CLOSED	CARPET BOWLING 9:15 CRIB - 12:15 SHUFFLEBOARD - 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 8:45am BINGO EARLY BIRD - 11:00am REGULAR - 12:00pm	1. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT - 11:00	2. CARPET BOWLING 9:15 CRIB - 12:15 LADIES SHUFFLEBOARD 12:30pm	3. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	4. LINE DANCING 10:00 SHUFFLEBOARD - 9:30
12.	13.	14.	15.	16.	17.	18.
CLOSED	CARPET BOWLING 9:15 CRIB - 12:15 SHUFFLEBOARD - 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 8:45am BINGO EARLY BIRD - 11:00am REGULAR - 12:00pm	15. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT - 11:00	16. CARPET BOWLING 9:15 CRIB - 12:15 LADIES SHUFFLEBOARD 12:30pm	17. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00 BOARD MEETING 10:00pm	LINE DANCING 10:00 SHUFFLEBOARD - 9:30 MUSIC DOUBLE PLAY DOORS OPEN 6:30
19.	20.	21.	22.	23.	24.	25.
CLOSED	CARPET BOWLING 9:15 CRIB - 12:15 SHUFFLEBOARD - 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 8:45am BINGO EARLY BIRD - 11:00am REGULAR - 12:00pm	22. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT - 11:00 GENERAL MEETING 1:00pm	23. CARPET BOWLING 9:15 CRIB - 12:15 LADIES SHUFFLEBOARD 12:30pm	24. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	LINE DANCING 10:00 SHUFFLEBOARD - 9:30
26.	27.	28.	<h2 style="color: red;">2023 MEMBERSHIPS ARE DUE \$30.00</h2>			
CLOSED	CARPET BOWLING 9:15 CRIB - 12:15 SHUFFLEBOARD - 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 8:45am BINGO EARLY BIRD - 11:00am REGULAR - 12:00pm				