

VALLEY SENIORS NEWSLETTER

**OCT.
2022**



EXECUTIVE OFFICERS

President - Ron Hill

1st Vice Pres - Alan Edkins 2nd Vice Pres - Ian Balding

Secretary - Caroline Thompson Treasurer - Neil Peters Past President - Vacant

DIRECTORS

Shirley Kolompar, Sheila Garrison, Cindy Shillito, Denise Hamilton

Jeff Theriau, Frank Enns, Gail MacDonald,



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**ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER
ARE INSERTED AS RECEIVED**

PRESIDENTS REPORT

As a club we have come a long way, we still have room to grow and I hope we can continue to do just that. My time is coming to and end, and someone new needs to step up with new ideas. We are not that far from 2023 nominations, a nominating committee will be set up and be seeking members to run in January 2023, with elections in March. I know whoever is on this committee will do a good job, and find some good candidates for 2023 elections. Remember all members wishing to run for a position must have attended 3 General meeting, starting in March 2022-February 2023.

I also have a question for the members. **“WHAT IS A VOLUNTEER?”** What criteria would you as a member use to describe a volunteer?. Is it the number of hours they put in, or maybe the job they do? I don't have the answer, maybe someone can help me out. I will take myself for an example, I put many hours in, not just as your president, but also as a volunteer. However I do get tired, but I do it because of the members, and non members. To me it is the satisfaction I get from the job, I don't do it for a pat on the back from the executive; it is more rewarding when a member out of the blue comes up and says thank you. Would you agree? That is how I feel, please let me know what your thoughts are.

Ron Hill

Financial Report AUGUST 2022

	BINGO	GEN. ACCOUNT
Opening Balance	\$5,994.90	\$51,299.17
Income	\$7,461.00	\$13,167.59
Expenses	\$6,567.30	\$8,252.46
Closing Balance	\$6,888.60	\$56,214.30

VSO Treasurer - Neil Peters

HAPPY BIRTHDAYS & ANNIVERSARIES

**The Valley Seniors Members send our best wish to everyone celebrating
Birthdays & Anniversaries**

congratulations

55+ SENIORS GAMES

Our centre put on a good showing at the 55+ Senior's games, our pool players came away with a Gold and Silver, carpet bowling picked up a Bronze. Once again our members did us proud.



CINDY SHILLITO & JOAN AYRES (BRONZE)



JOE & MAGGIE



LARRY FIEGE

Larry placed 2nd (1.72 59.26% (85 years young)

THIS IS FOR THE WORLD. (NOR 1st, CAN 2nd

This shows never count out a senior

This is only one of Larry's many medals

More from the 55+ Senior Games



JEFF T (Winner of silver in pool)



Joe, Maggie with Ed and Jeff

Allan has not been into the Centre since winning Gold in pool, but congratulations to you.

Also congratulations to all that participated.

CARPET BOWLING

Summer is coming to a close and we trust everyone enjoyed the wonderful weather we had.

Congratulations to Cindy Shillito and Joan Ayers that came 3rd with 12 points in the 55+BC Senior Games and were presented with the bronze medals by Donna Tyrell, Zone 1 President. Zone 8 South Central came 1st with 16 points and Zone 2 North Vancouver Island were 2nd 15 points. Overall we won 5 games, tied 2 and lost 3 and were happy with our bowling.

Many thanks to Ron Forsen for putting the carpets down each day we play and it was 2 carpets. We are hoping that more carpet bowlers will come out now that summer is on its way out and Covid hopefully over.

We wish Connie Parker a speedy recovery and hope that she will soon be back to our centre and able to play the activities she enjoys.

Joan Ayers

Carpet Bowling Coordinator

Shuffleboard Report For August 2022.

Dan Hughes.

1st	Steve	19	points
2nd	Ron Parker	17	"
2nd	Tony	17	"
3rd	Earle	14	"
4th	Bill Naherniak	13	"
5th	Dan	12	:

27 games played. 17 individual players participated. Most improved player again-----Wilf.

Tournaments Saturday @ 9.30 am; Monday @ 11.30 am. New players always welcome to join us.

CRAFT REPORT

Our Wednesday morning Craft group is very busy creating handcrafted items, using donated yarn and fabric. I want to thank the wonderful ladies who spend hours knitting, crocheting and sewing on Wednesday mornings, and at home, in order to fill the display cabinets behind the reception desk.

Now that it is getting cooler outside, we will be adding new scarves, gloves, hats and toques to the cabinets. You can also find shawls and lap blankets to keep you warm at home.

Once again, a BIG thank you to all of you. By donating fabric and yarn and purchasing items from the display case - you are supporting our Activity Centre.

ADVANCE NOTICE:

VSO CHRISTMAS CRAFT SALE

Monday, November 28,
Tuesday, November 29.

The VSO Craft Group will be selling our handcrafted items in the Craft Room - a great time to view the work of the Wednesday morning Craft Group and purchase gifts for family and friends!

Sheila Garrison
Craft Group Coordinator

LADIES SHUFFLEBOARD

Thursday 12:30 sharp

We, welcome anyone to join us, more the merrier. Come and join us on Thursdays at 12:30, earlier if you want to have lunch.

Shirley Kolompar, Co-Ordinator/Board Member



Cowichan Pipes and Drums - REPORT

October 2022

Most people are aware that Queen Elizabeth II, on May 4, 1971, laid the cornerstone of the VSO building. When she passed away on September 8, 2022, piper Brent Blanchard paid homage to our Queen by playing a lament for her. Brent has a special association to the Queen: in 2000, he played for her at Braemar, and then in 2009, as a member of the RCMP, had the honour to play for HRH when the RCMP gifted her the Police Service Horse "George" at the Royal Windsor Horse Show. For 10 days Brent was a guest of the Queen and stayed in Windsor Castle. In other news, a small group from the band played at a graveside service for a long-time band supporter, Ruth Zbitnew. The band continues to prepare for next month's busiest day of our year – Remembrance Day.

Rod Booth – band mager rod.booth@shaw.ca



Piper Brent Blanchard



VSO cornerstone



HRH

2000



Graveside service for Ruth Zbitnew

HAWAIIAN TROPICAL PARTY

What a night ,music was supplied by **ANDY McCORMACK**. It so good to have Andrew back playing. He played a variety of music that kept the dance floor full all night.

Shirley / Coleen and their team prepared a wonderful meal, Pulled Pork in a bun, Baked Beans and Potato Salad. All the workers had a chance to enjoy the evening because, Frank Enns took on the task of cleaning up, thank you Frank what a treat for the women.

Here are some fun pictures.



DEBBIE MARK and FAMILY



ANDREW



PENNY and a TABLE of FRIENDS



CONGA LINE

Thank you to Ian and his team for getting everything set up and taken down at the end of the evening.

Thank you Caroline for helping on the bar.

This will be a night to remember, thank you to everyone, most important are the members for coming out and supporting the club

50/50 WINNERS SEPTEMBER

DATE	NUMBER	AMOUNT	WINNER
6-Sept	514886	\$220.00	Benny Thomas
13-Sept	792154	\$170.00	Delores Boutillier
20-Sept	792504	\$185.00	Glenna Bergen
27-Sept	793614	\$215.00	Richand Mann



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<p>OPEN MON.—FRI. 9:00am - 3:00pm</p> <p>SAT. 9:00 am - 1:00 PM</p> <p>CLOSED SUNDAYS</p>	<p>DAILY LUNCH</p> <p>Watch for daily specials!</p>	<p>MASKS ARE NOT MANDATORY</p> <p>IF YOU ARE SICK PLEASE STAY HOME</p>
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MON	<ul style="list-style-type: none"> • CARPET BOWLING • CONTRACT BRIDGE • CRIBBAGE • SHUFFLEBOARD (Tournament) 	<ul style="list-style-type: none"> • 9:15am • 12:00 • 12:15 • 11:30am
TUES	<ul style="list-style-type: none"> • HARMONICA BAND • BINGO 	<ul style="list-style-type: none"> • 8:30am • 11:00am Early Bird • 12:00pm Regular Games
WED	<ul style="list-style-type: none"> • CRAFTS • CARPET BOWLING • MUSIC • WHIST • SHUFFLEBOARD • DARTS • 4th WEDNESDAY of EACH MONTH 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 11:30am • 12:00 • ANYTIME • 1:00pm (STARTING OCTOBER 5th) • SEPTEMBER 28th
THUR	<ul style="list-style-type: none"> • CARPET BOWLING • CARVERS • CRIBBAGE • LADIES SHUFFLEBOARD 	<ul style="list-style-type: none"> • 9:15am • 11:00am • 12:30 • 12:30pm
FRI	<ul style="list-style-type: none"> • DUPLICATE BRIDGE • CARPET BOWLING • WHIST • UKULELE • CHOIR • SHUFFLEBOARD • FRIDAY PROCIDING GENERAL MEETING 	<ul style="list-style-type: none"> • 9:00am • 9:15am • 12:00 • 12:00pm • 1:00pm • ANYTIME • SEPTEMBER 23rd
SAT	<ul style="list-style-type: none"> • SHUFFLEBOARD (TOURNEMENT) • LINE DANCING • VSO DANCE (DOORS OPEN 6:30 pm \$12.00) (EVERY 1st & 3rd SATURDAY of the MONTH) 	<ul style="list-style-type: none"> • 9:30am • 10:00am • 7:00pm:

OCTOBER 2022

SUN	MON	TUE	WED	THUR	FRI	SAT
						
						
2.	3.	4.	5.	6.	7.	8.
CLOSED	CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30	CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	LINE DANCING 10:00 SHUFFLEBOARD – 9:30 BEATLES UNPLUGGED 7:00pm \$12.00pp
9.	10.	11.	12.	13.	14.	15.
CLOSED	CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00 THANKSGIVING	HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30	CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	LINE DANCING 10:00 SHUFFLEBOARD – 9:30 ISLAND SPIRIT \$12.00
16.	17.	18.	19.	20.	21.	22.
CLOSED	CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30	CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00 BOARD MEETING 10:00am	LINE DANCING 10:00 SHUFFLEBOARD – 9:30
23.	24.	25.	26.	27.	28.	29.
CLOSED	CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 GENERAL MEETING 1:00	CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	LINE DANCING 10:00 SHUFFLEBOARD – 9:00
30.	31.					
CLOSED	HALLOWEEN					