

# VALLEY SENIORS NEWSLETTER

**AUG  
2022**



**\$1.00**

## EXECUTIVE OFFICERS

President - Ron Hill

1st Vice Pres - Alan Edkins 2nd Vice Pres - Ian Balding

Secretary - Caroline Thompson Treasurer - Neil Peters Past President - Vacant

## DIRECTORS

Shirley Kolompar, Sheila Garrison, Cindy Shillito, Denise Hamilton

Jeff Theriau, Frank Enns, Gail MacDonald,

### CONTACT

SHIRLEY HILL, RON  
HILL, IAN BALDING

**WAIT LIST**

**AUG 20th VSO SPECIAL EVENT**

**MAGIC & COMEDY SHOW**

**MUSICAL ENTERTAINMENT**

**COLD PLATE DINNER**

**\$30.00 per person**



**PUBLISHED BY: The Valley Seniors Organization**

**198 Government St. Duncan BC V9L 1A2**

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**ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER  
ARE INSERTED AS RECEIVED**

## PRESIDENTS REPORT

Shirley and I had a lovely time away visiting family. I has been a long time since we have been back to Saskatchewan. It was a well deserved vacation and we both got some time to unwind. But now we are back doing what we do best once again.

I hope one day soon everything will return to normal. Our 2nd Vice President Ian Balding, is working so diligently at getting music for our members and putting on dances, he also has a dedicated crew helping him. The price of dance admission has gone up but so has the cost of everything else. Please come out and support Ian and the Club.

Shirley and I did not spend a lot of time at the 39 days of summer this year. We were gone for the early part of July, but started taking in the a few shows when we got home. We found the entertainment this year to be well attended by a good number of people. We did take in a couple of shows in City Square. The music was great, but "Funkanometry" put on an excellent show, also the Beatles Unplugged were in the park, again a wonderful show.

John and his crew have done a wonderful job, with this festival. The music covers all ages, this also brings business to the downtown core. A lot of work goes into putting this on and thank you and your crew for doing such a wonderful job. I know our members of the Valley Seniors Organization do attend most performances.

Ron Hill

### 50/50 WINNERS JULY

### NEIL PETERS—TREASRER

DATE	NUMBER	AMOUNT	WINNER
5-JULY	513673	\$197.50	GAIL MacDONALD
12-JULY	520651	\$220.00	ZENA ROLAND
19-JULY	521406	\$212.50	DELOES BOUFITIER
26-JULY	522078	\$207.50	LORETTA JACK

### LIBRARY NOTES

We have a wonderful library for everyone to enjoy. However lately our income from the library is down, and I noticed that many believe it is an exchange of books. **WELL IT IS NOT.** We do request that a donation of \$025 be deposited in the box provided, for each book. This is a small amount to help support your club, thanks for your cooperation.

Treasurer

Neil Peters

Financial Report JUNE2022

	BINGO	GEN. ACCOUNT
Opening Balance	\$5,232.73	\$36,185.99
Income	\$5,684.50	\$33,369.84
Expenses	4,099.56	\$18,179.23
Closing Balance	\$6,817.67	\$51,376.60

VSO Treasurer - Neil Peters

VSO DANCE'S

Island Spirit is here for your entertainment

AUGUST 13th.

PLEASE COME OUT and ENJOY YOURSELF

BRING a FRIEND



COPPER CANYON is here for your entertainment

SEPTEMBER 3rd

LETS SUPPORT IAN & THE CENTRE

PLEASE COME OUT AND ENJOY THE FUN

BRING A FRIEND, BRING 2 FRIENDS



A NIGHT OF FUN & ENTERTAINMENT

\$12.00pp

DOORS OPEN - 6:30pm

DANCE - 7:00 - 10:00pm

AT THIS LOW PRICE HOW CAN YOU NOT COME AND JOIN US?

YOU OR ONE OF YOUR FRIENDS MAY WIN THE DOOR PRICE

**CURTIS PECK**



Curtis Peck and Tom Boyles (another long time member), are shown holding a picture of the original fire engine and it crew taken approx 1963, both men are in the picture.

## Cowichan Bay Fire Rescue marks 75 years of service

BY SARAH SIMPSON

Cowichan Bay Fire Rescue celebrates 75 years in service this year and the milestone was marked over the Canada Day long weekend with an alumni night on July 1 and a dinner the following night.

Members past and present gathered to reminisce for the anniversary, including, one of the original members, Curtis Peck.

According to the department's website, "The Cowichan Bay Fire Department (as it was known then) was started in 1947 with an old ARP (Air Raid Protection) unit pump and some lengths of 1½" hose and was stationed out of a local gas station at Cowichan Bay and Wilmot Road, the departments first piece of apparatus was a 3-ton Dodge truck purchased from Shell Oil inc. Converted in to the departments first tanker, it carried a 500 gallon water tank and a McCulloch fire pump. The departments first pumper truck was a 1938 Bickles Seagrave purchased from the Oak Bay Fire Department for \$2,500, the truck was equipped with a 200 gallon tank and a 625 gpm pump



Paul Randall was recognized for 35 yrs of service, presented by Kathy Ferguson from the Office of The Fire Commissioner, Chief Rob Grossman, and Deputy Chief Rod Ketola. (Charlie Brown photo)

and carried 300 feet of 2 1/2" hose and 1,000 feet of 2" hose."

Boy have things changed.

"The Cowichan Bay volunteer fire rescue responds to an average of 200 emergency calls per year, in an area that covers about 170 square kilometers and includes approximately 10,000 residents," the website continues. "Not only do these volunteers fight fires, but they also often respond to medical emergencies.

"The BC Ambulance service fre-

quently dispatches volunteers to act as first responders in medical situations because they are trained in First Aid and CPR and carry specialized medical equipment, such as an AED."

The department is currently in need of a new home as their existing hall, constructed in 1977, has a long list of problems and is in dire need of replacement.

Just how that new hall is financed will be decided via the Alternative Approval Process in the days to come.

# Cowichan Bruins Win Colonist Cup



Lake Cowichan Bruins won the championship of the Mid-Island Suburban Hockey League and the Colonist Cup when they edged Port Alberni Flyers, 5-4, in the final game at Nanaimo Civic arena last Sunday. Members of the Cowichan club, pictured left to right, are: Front row—Charlie Mackie, president; Terry Corrigan, Bob McKinlay, Neil Reid, Lou Shreenan, Tony

Lefebre, Frank Miller, coach; Cliff Klassen, secretary. Centre row—Ken Parsons, Jim Jickling, John Wingert, Tom Easton, Vern Powers, vice-president; Dr. Allan Dale, club physician; Bob Hopkins, manager. Back row—Dick Brubaker, trainer; Brian McKinlay, Pete Klassen, Ed Langkamer, Jim Peterson, Ron Strobbe, Jim Paisley, Howie Valleau.



Bruins' captain, Tony Lefebre, had the pleasant task of receiving the Colonist Cup from Glenda Sjoberg, Miss PNE, at the conclusion of the final game, which was witnessed by almost 1,500 fans.—(Cam's Photo Service.)

## Shuffleboard report.

## June Results.

## Dan Hughes.

1st	Bill Naherniak	17 points
2nd	Dan	15 "
3rd	Ron Parker	14 "
4th	Tony	13 "
5th	Earle	12 "

Competition is getting fierce, with much improved players. There are no easy wins in many games.

Runners-up: Gary--11points. Diane, Warren, and Ian:--10 points each.

17 individual players participated in June.



## **Cowichan Pipes and Drums -REPORT.**

The Cowichan Pipes and Drums are very grateful to be part of the Valley Seniors Organization [VSO] of Duncan. All of our musicians, 55 years of age and up, are members of the VSO, and the band practices at the VSO on Thursday evenings. Since the lifting of the health restrictions, the band has been hard at work rehearsing. We were delighted to participate in the Canada Day celebrations at the BC Forest Discovery Centre; proud to lead the Duncan Day Parade with the Legion Colour Party, and then perform on stage for the “39 Days of July”. We are happy to be active once again in the community.

Rod Booth – band manager



Canada Day – Forest Discovery Centre

### **CRAFT REPORT**

The Craft group is meeting on Wednesday mornings in the craft room using the donated materials to create afghans, baby items, catnip mice, drip catchers and many more wonderful items. We are continually adding new things to the cabinets – so please have a look!

Please remember us if you are downsizing your sewing or craft supplies. Items can be left in the Craft room for us to sort.

Hope you are staying safe and cool while enjoying the summer weather.

Sheila Garrison

(Craft Group Coordinator)

### **LADIES SHUFFLEBOARD**

**We welcome anyone to join us, more the merrier. Come and join us on Thursdays at 12:30, earlier if you want to have lunch.**

**Shirley Kolompar, Co-Ordinator/Board Member**



POSTED BY THE  
FIGHT LIKE A GIRL CLUB™

I drank so much  
**WINE** last night,  
when I walked across  
the dance floor to  
get another glass,  
I won the  
**DANCE**  
**COMPETITION!**

-Unknown Author

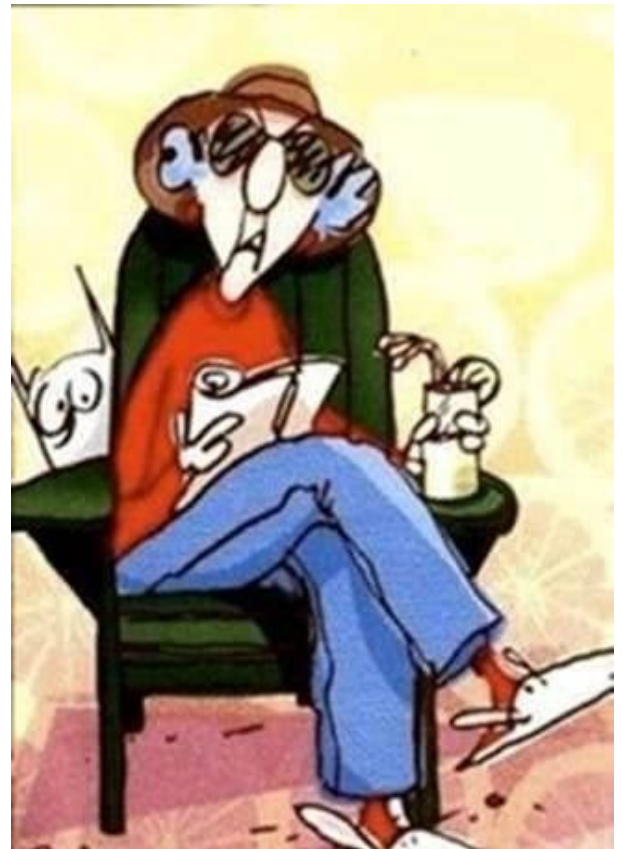
### THE ANSWER YOU HAVE BEEN LOOKING FOR

I know you have been lying awake at night wondering why baby diapers have brand names such as "Luvs", "Huggies", and "Pampers", while undergarments for old people are called "Depends".

Well here is the low down on the whole thing.

When babies crap in their pants, people are still gonna Luv'em, Hug'em and Pamper' em. When old people crap in their pants, it "Depends" on who's in the will!

Glad I got that straightened out so you can rest your mind.



**FUNNY &  
AMAZING**  
"Tim Hortons"

**MAGICAL  
& INSPIRING**  
"Thrifty Foods"



**NON-STOP  
LAUGHTER**  
"BC Transit"

**OUR MINDS  
WERE BLOWN**  
"Starbucks"

## Victoria BC Magician & Entertainer

I am Victoria BC magician **Jordano The Great** of Tricky Magic productions entertainment company. Providing professional comedy, magic and mentalism that will blow your mind.

**AUGUST 20, 2022**

**VSO SPECIAL EVENT**

**MAGIC & COMEDY SHOW**

**PLUS**

**MUSICAL ENTERTAINMENT**

**&**

**COLD PLATE DINNER**

**\$30.00 per person**

**HAPPY HOUR 4:30pm-5:00pm**

**COLD PLATE DINNER 5:00pm-6:00pm**

**MAGICIAN 6:00pm-6:45pm**

**MUSIC 7:00pm-8:00pm**

**(WE ARE SOLD OUT THANKS FOR  
SUPPORTING SPECIAL EVENTS  
WE DO HAVE A WAIT LIST)**

**CONTACT: SHIRLEY HILL, RON HILL, or IAN BALDING**







**SATURDAY**  
**SEPTEMBER 24, 2022**

7:00 PM—10:00PM

**HAWAIIAN**  
**TROPICAL PARTY**

**WITH**

**ANDY McCORMACK**

Bring your dancing shoes and return to the past with classic music from  
the 60's, 70's and 80's

**Music and Hawaiian Style Buffet**

**Members and Guests \$20each**

**Presale tickets only available now from Ron Hill or Ian Balding**

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<b>OPEN MON.—FRI. 9:00am - 3:00pm</b> <b>SAT. 9:00 am - 1:00 PM</b> <b>CLOSED SUNDAYS</b>	<b>DAILY LUNCH</b> <b>Watch for daily specials!</b>	<b>MASKS ARE NOT MANDATORY</b> <b>IT IS UP TO THE INDIVIDUAL</b> <b>IF YOU ARE SICK PLEASE STAY HOME</b>
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<b>MON</b>	<ul style="list-style-type: none"> <li>• CARPET BOWLING</li> <li>• CONTRACT BRIDGE</li> <li>• CRIBBAGE</li> <li>• SHUFFLEBOARD (Tournament)</li> </ul>	<ul style="list-style-type: none"> <li>• 9:15am</li> <li>• 12:00</li> <li>• 12:30</li> <li>• 11:30am</li> </ul>
<b>TUES</b>	<ul style="list-style-type: none"> <li>• HARMONICA BAND</li> <li>• BINGO</li> </ul>	<ul style="list-style-type: none"> <li>• 8:30am</li> <li>• 11:00am Early Bird</li> <li>• 12:00pm Regular Games</li> </ul>
<b>WED</b>	<ul style="list-style-type: none"> <li>• CRAFTS</li> <li>• CARPET BOWLING</li> <li>• MUSIC</li> <li>• WHIST</li> <li>• SHUFFLEBOARD</li> <li>• <b>4th WEDNESDAY of EACH MONTH</b></li> </ul>	<ul style="list-style-type: none"> <li>• 9:00am</li> <li>• 9:15am</li> <li>• 11:30am</li> <li>• 12:00</li> <li>• ANYTIME</li> <li>• <b>NO GENERAL MEETING JULY &amp; AUGUST</b></li> </ul>
<b>THUR</b>	<ul style="list-style-type: none"> <li>• CARPET BOWLING</li> <li>• CARVERS</li> <li>• CRIBBAGE</li> <li>• LADIES SHUFFLEBOARD</li> </ul>	<ul style="list-style-type: none"> <li>• 9:15am</li> <li>• 11:00am</li> <li>• 12:30</li> <li>• 12:30pm</li> </ul>
<b>FRI</b>	<ul style="list-style-type: none"> <li>• DUPLICATE BRIDGE</li> <li>• CARPET BOWLING</li> <li>• WHIST</li> <li>• UKULELE</li> <li>• CHOIR</li> <li>• SHUFFLEBOARD</li> <li>• <b>FRIDAY PROCIDING GENERAL MEETING</b></li> </ul>	<ul style="list-style-type: none"> <li>• 9:00am</li> <li>• 9:15am</li> <li>• 12:00</li> <li>• 12:00pm</li> <li>• 1:00pm (RESTART IN SEPT)</li> <li>• ANYTIME</li> <li>• <b>NO BOARD MEETING JULY &amp; AUGUST</b></li> </ul>
<b>SAT</b>	<ul style="list-style-type: none"> <li>• SHUFFLEBOARD (TOURNEMENT)</li> <li>• LINE DANCING</li> <li>• <b>VSO DANCE (1 DANCE EACH MONTH FOR JULY &amp; AUGUST</b> <b>(DOORS OPEN 6:30 pm \$12.00)</b></li> </ul>	<ul style="list-style-type: none"> <li>• 9:30am</li> <li>• 10:00am</li> <li>• <b>7:00pm:</b></li> </ul>

# AUGUST 2022

SUN	MON	TUE	WED	THUR	FRI	SAT
	1. CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	2. HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	3. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 WHIST 12:00	4. CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	5. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	6. LINE DANCING 10:00 SHUFFLEBOARD – 9:30
7. <b>CLOSED</b>	8. CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	9. HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	10. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 WHIST 12:00	11. CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	12. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	13. LINE DANCING 10:00 SHUFFLEBOARD – 9:30 <b>ISLAND SPIRIT 7:00-10:00</b>
14. <b>CLOSED</b>	15. CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 21:00	16. HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	17. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 WHIST 12:00	18. CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	19. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00 <b>NO BOARD MEETING</b>	20. LINE DANCING 10:00 SHUFFLEBOARD – 9:30 <b>VSO SPECIAL ENTERTAINMENT</b>
21. <b>CLOSED</b>	22. CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	23. HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	24. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 WHIST 12:00 <b>NO GENERAL MEETING</b>	25. CARPET BOWLING 9:15 CRIB – 12:30 LADIES SHUFFLEBOARD 12:30pm	26. CARPET BOWLING 9:15 BRIDGE 9:30 CHOIR 1:00 WHIST 12:00	27. LINE DANCING 10:00 SHUFFLEBOARD – 9:30
28. <b>CLOSED</b>	29. CARPET BOWLING 9:15 CRIB – 12:30 SHUFFLEBOARD – 11:30am CONTRACT BRIDGE 12:00	30. HARMONICA BAND 9:00am BINGO EARLY BIRD – 11:00am REGULAR – 12:00pm	31. CARPETBOWLING 9:15 CRAFTS 9:15 ENTERTAINMENT ISLAND SPIRIT – 11:30 WHIST 12:00			