

VALLEY SENIORS NEWSLETTER

Feb.

2021



\$1.00

EXECUTIVE OFFICERS

Acting President—Ron Hill Past President

1st Vice Pres—Ian Balding 2nd Vice Pres—Sheila Garrison

Secretary—Caroline Thompson Treasurer—Neil Peters

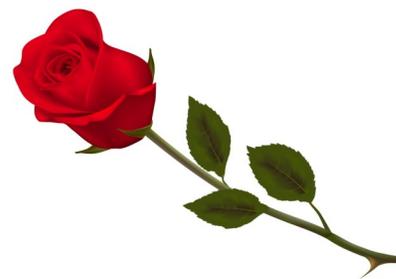
DIRECTORS

Maurice (Moe) Drew, Ruth Graham, Don MacKenzie, Cindy Shillito, Warren Gammel

Rose MacKenzie, Shirley Kolompar



Happy
Valentine's
Day



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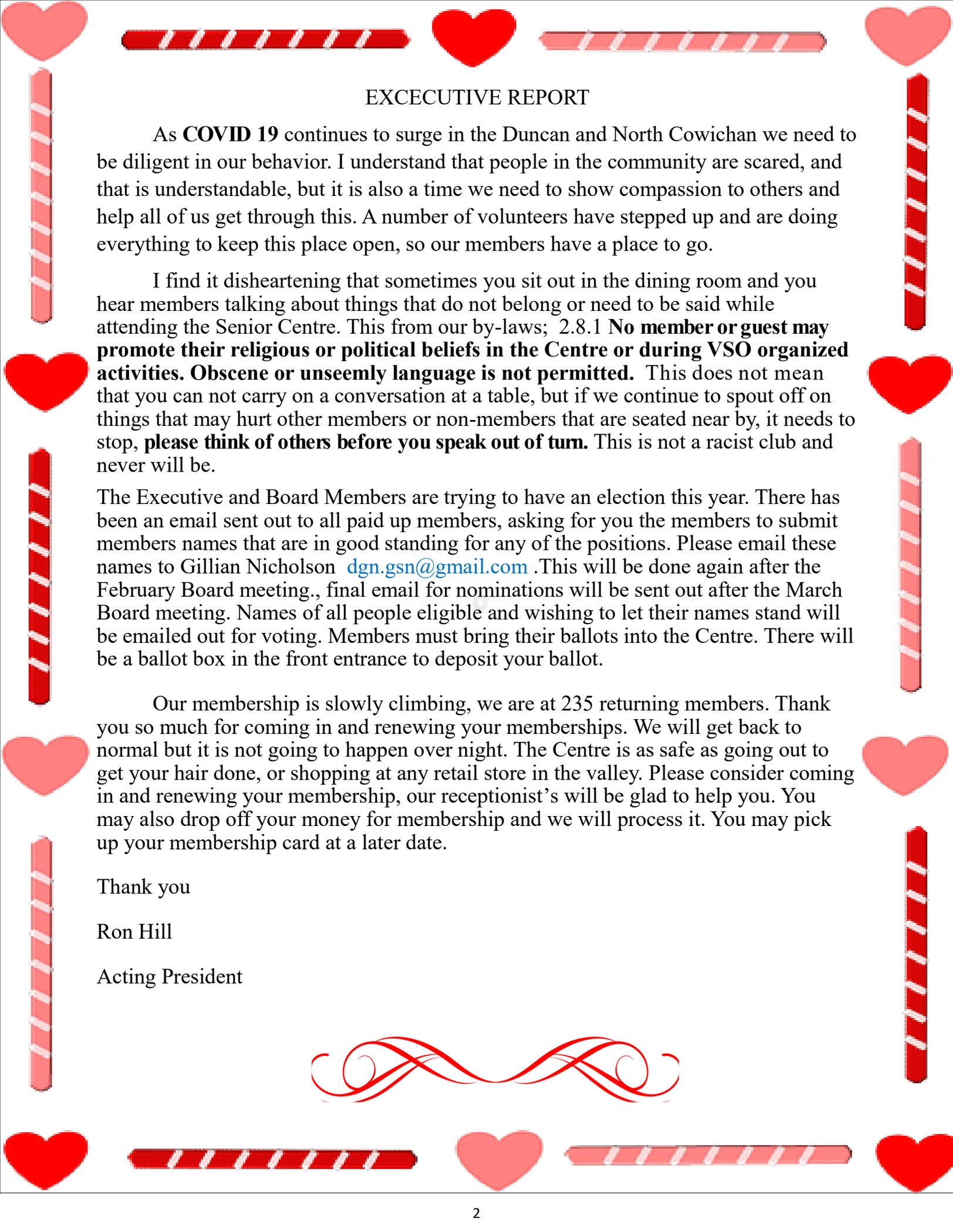
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ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER
ARE INSERTED AS RECEIVED



EXECUTIVE REPORT

As **COVID 19** continues to surge in the Duncan and North Cowichan we need to be diligent in our behavior. I understand that people in the community are scared, and that is understandable, but it is also a time we need to show compassion to others and help all of us get through this. A number of volunteers have stepped up and are doing everything to keep this place open, so our members have a place to go.

I find it disheartening that sometimes you sit out in the dining room and you hear members talking about things that do not belong or need to be said while attending the Senior Centre. This from our by-laws; 2.8.1 **No member or guest may promote their religious or political beliefs in the Centre or during VSO organized activities. Obscene or unseemly language is not permitted.** This does not mean that you can not carry on a conversation at a table, but if we continue to spout off on things that may hurt other members or non-members that are seated near by, it needs to stop, **please think of others before you speak out of turn.** This is not a racist club and never will be.

The Executive and Board Members are trying to have an election this year. There has been an email sent out to all paid up members, asking for you the members to submit members names that are in good standing for any of the positions. Please email these names to Gillian Nicholson dgn.gsn@gmail.com. This will be done again after the February Board meeting., final email for nominations will be sent out after the March Board meeting. Names of all people eligible and wishing to let their names stand will be emailed out for voting. Members must bring their ballots into the Centre. There will be a ballot box in the front entrance to deposit your ballot.

Our membership is slowly climbing, we are at 235 returning members. Thank you so much for coming in and renewing your memberships. We will get back to normal but it is not going to happen over night. The Centre is as safe as going out to get your hair done, or shopping at any retail store in the valley. Please consider coming in and renewing your membership, our receptionist's will be glad to help you. You may also drop off your money for membership and we will process it. You may pick up your membership card at a later date.

Thank you

Ron Hill

Acting President



**KEITH ALDOUS
GERRY MCVEIGH
SHARON WRIGHT**



**The
VALLEY SENIORS MEMBERS**

Send our best wishes to everyone celebrating.

BIRTHDAYS and ANNIVERSARIES

This month.



FINANCIAL REPORT - DECEMBER 2020

	BINGO	GENERAL ACCOUNT
OPENING BALANCE	\$4,620.49	\$13,481.67
INCOME	\$2,015.00	\$14,958.90
EXPENSES	\$2,870.82	\$12,292.89
CLOSING BALANCE	\$3,764.37	\$16,147.68
NEIL PETERS VSO TREASURER		
\$6,000.00 RETURNED TO GENERAL ACCOUNT FROM BINGO ACCOUNT		

CRAFT REPORT

The Wednesday morning Craft Group is currently not meeting due to COVID-19 restrictions. However, we continue to knit, crochet, sew and create at home. The cabinets, next to the reception desk, hold a display of our work - when you purchase our handcrafted items, you are supporting the VSO. Thank you for your continued wonderful support .

Once again – if you are cleaning out your craft supplies and wish to donate them to the craft group so we can continue our work – please leave them in the Craft room when you are comfortable doing so.

Thank you in advance!

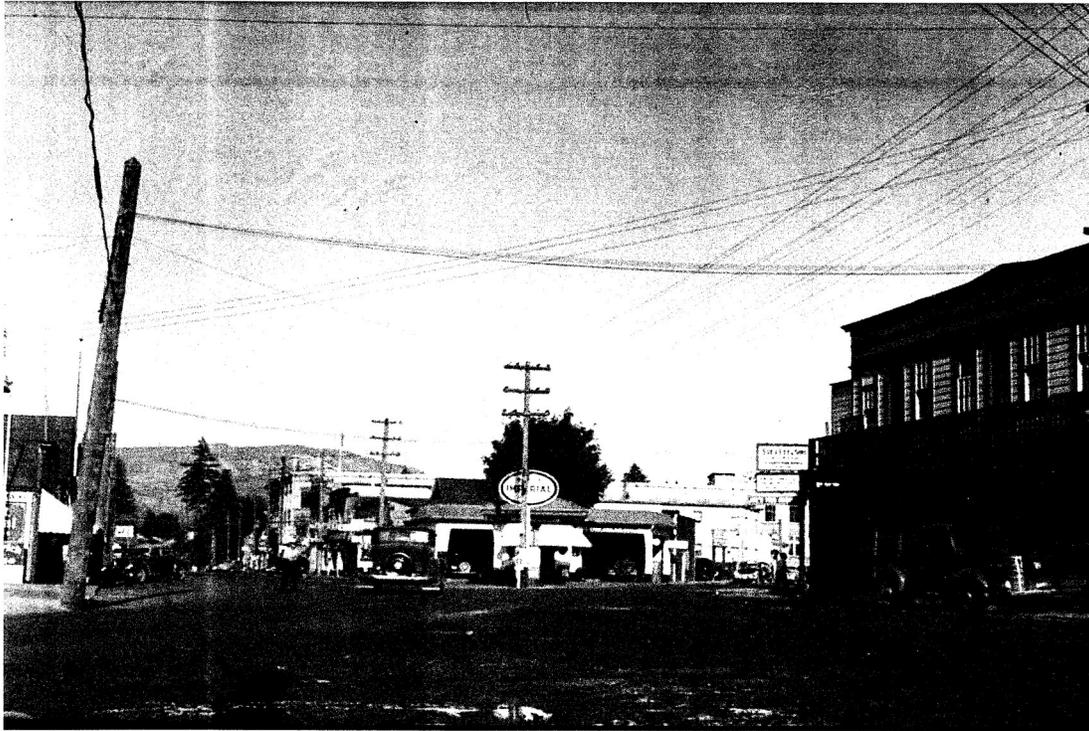
Sheila Garrison

THE THREE AMIGOES

We have three members that supply us with good entertainment every Wed. 11:00am - 12:30pm. There is no singing but good excellent listening music provided by the three.



STEVE, IAN and BOB



DO YOU RECOGNIZE THIS PICTURE

The building on the right is the old hotel in China Town and that is the place the Valley Seniors Centre is located today. The building on the right just past the corner of the Hotel would be close to Joe's Tire Hospital. If you stood at our flower bed in front of the center, this would have been the view looking down Station Street.

Picture by:
Curtis Peck



LADIES SHUFFLEBOARD

Thursday's 1-2:30pm

We would like to welcome the members who have joined us on Thursday afternoons. If you are experienced or not you are very welcome. We have a small group of regulars who come out for fun and friendship. If you would like more information leave your name and number at the front desk at 250-746-4433 and I will get back to you.

Shirley Kolompar, Co-Ordinator and Board Member



Darts

Wednesdays 2:00-3:00

Our Darts are on hold for now. The majority of our players are still staying away under the circumstances. If you are interested please leave your name and number at the front desk at 250-746-4433 and I will get back to you.

Shirley Kolompar, Co-Ordinator and Board Member



CARPET BOWLING

On January 7th 2021 I received a telephone call from Ron Hill informing me that he had reviewed the information by Island Health and that we could resume Carpet Bowling. I notified the Carpet Bowlers by email and telephone calls with the welcome news.

SO—WOW!!!!

We are back on Monday, Thursday and Friday, start time 9:15 for 2 games. Masks must be worn, the whole time and obeying all distancing rules, washing bowls and sticks after each days play.

If interested to learn or watch just come and sit at a table with a cup of coffee and a piece of pie, you will be most welcome.

As the saying goes, **BE KIND, BE SAFE and BE CALM to everyone.**

Joan Ayers

Carpet Bowling Coordinator



ELECTIONS

We are doing our best to hold an election. A list of candidates are in the news letter with a small write-up. In March you can choose from the list the people you would like elected. You may email Gillian Nicholson with the members names you would like to nominate before Feb. 19th

VSO VOLUNTEER COOK

The fabulous VSO volunteer cook is at it again, a lovely Roast Pork Dinner , served with oven roasted potatoes, mixed veg, applesauce and gravy. How can a person go wrong? This wonderful cook is here every day of the week cooking up something special for the members.

It seems like sometimes she is forgotten, so here is just a small sample of what she does. She has good volunteers out front working the window, while she is quietly working in the back kitchen, baking pies, preparing meals and just seeing that the kitchen is running smoothly. She never gives up, and is always willing to help.

I don't know what I would do without her help. This is for my special valentine, thank you so much. SHIRLEY HILL MY VALENTINE



PORK ROASTS



PIES



PORK DINNER



MOST IMPORTANTLY THE COOK

SHIRLEY



REMEMBER WHEN

MEMORIES LANE



As Covid 19 rages on we have only our memories, of the fun times at the Center, those days will be back.

To date we have 247 returning members, thank you for taking out your 2021 membership.

All activities will once again be happening, bingo will start again, just remember it is getting closer.

We hope to see you all in the near future, we will one day once again, enjoy the dances, special entertainment, and most important the friendship of each other..

A few pictures on next page., members that have passed on, and others still with us.





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♥ Happy Valentines Day ♥

NOMINEES FOR 2021 ELECTION

RON HILL - NOMINATED for PRESIDENT:

I has been involved in the organization as a Director, 1st Vice and President. I also volunteers in many different positions at the Center. I believe that if you take on the job you need to do the work. I wish to be elected as president and will work diligently in the reopening of the Center 100% after Covid 19

Thank you Ron Hill.

SHIRLEY KOLOMPAR - NOMINATED for 1st VICE

A little personal info for those who don't know me. I have lived my whole life here in the Duncan area except for a 10 year absence. I owned my own business for 35 before retiring. I have been married to John for 26 years, I have a combined family of 4 girls, 6 adult Grandchildren and 7 1/2 Great Grandchildren.

I have been an active member of the VSO for 5 years. I started off volunteering at the Reception Desk and then it proceeded by becoming Co-ordinator of the Reception Desk, a Member of the Board, helped for a short period of time in the kitchen, worked on the Dance Committee, Member of the Bus Committee, Organized Darts and Ladies Shuffleboard, and helping with shopping for the kitchen. I'm willing to help where needed.

For New Years Eve in 2019 my husband John and I organized a private Dance for our Members and Friends, which was a huge success.

Should you vote for me, I will work my hardest for you.

Sincerely,
Shirley K

IAN BALDING - NOMINATED for 2nd VICE:

I have been asked to write something about myself and what I have done in the past. Not to bore you, I shall keep it to my time as a member of the VSO. On the most part my participation has been improvements to the Center such as, front foyer expansion, kitchen expansion electrical upgrades, wall sconces in bingo hall, install switching for bingo hall lighting, electrical power to roof, freezer room ventilation, bingo cupboard and stage electrical power, plus a whole bunch of other stuff that Ron dreams up for me to do. For a few years now, I have been on the early morning kitchen crew, and I do mean early, used to be 6am currently 7am. Do you want to join us, we could always use the help! Over the years I have held all positions on the Board except treasurer and secretary, currently 1st Vice-President. I am putting my name forward for the position of 2nd Vice-President and if you feel I am worthy of your support please cast your vote in my favor at the upcoming elections. Thank you, Ian Baldng

CAROLINE THOMPSON - NOMINATED for SECRETARY

Hello, my name is Caroline Thompson. I am presently acting Secretary at the VSO and am running for Secretary. I am a Life Member. And have done a variety of volunteering at the Center from Receptionist, kitchen, bus committee, dance committee, even tried the President spot for 6 months & now Virtual Bingo as well as Secretary. I was Secretary to the late Don King, to Ron Hill & Ian Balding. I enjoy this position and wish to continue it. Thank you Caroline Thompson

NEIL PETERS - NOMINATED for TREASURER:

I have been a member of the Valley Seniors close to 15 years. I have been treasure of the Center for 10 years, working under Don King, and Ron Hill. I have enjoyed my time as Treasurer and wish to continue in this position. I volunteer my time doing income tax for our seniors, I enjoy playing pool, coordinate the cribbage on Monday and Thursday. I have also been involved in the Senior Games for a number of years. Thank you Neil Peters

DAVID OLUND - NOMINATED for DIRECTOR:

I was a member of the R.C.A.F. trained as safety equipment tech 1960, worked at D.N.D 1964 - 1969, also worked in Forestry 1970 - 2007, is now retired and has been a member of the Valley Seniors for 6 years. Thank you Dave Olund

CINDY SHILLITO - NOMINATED for DIRECTOR:

I has been a member of the Board of Diectors for the passed two years, enjoys participating in this position, Cindy is a Life Member. She has volunteered in many different positions at the center, kitchen, carpet bowling, etc. I love what I do, and the VSO is my passion, I hope to be reelected as a Director.

Thank you Cindy Shillito

MOE DREW - NOMINATED for DIRECTOR:

I have been a member of the Organization for 6 plus years, most have been as a Director. Before retiring I was a full time paramedic in Duncan, I was also President of the Duncan Lions Club. I have served as a volunteer at the Valley Seniors since joining the organization, in the kitchen plus other areas where needed. Thank you Moe Drew

GAIL MacDONALD - NOMINATED for DIRECTOR:

My name is Gail Macdonald, and I am a Life Member. I have worked as a volunteer at Bingo for the past few years. We now have Virtual Bingo that I participate in and hope to help it grow. I work well with others and am not shy about sharing my opinion. I feel I would be a great asset to the Valley Seniors and am willing to do my best. Thank you Gail MacDonald

RUTH GRAHAM - NOMINATED for DIRECTOR:

I have been a member of the Valley Seniors Organization for going on 20 years. I have volunteered in running bingo for more years than I can remember. I have been on the Executive and Board for 15 - 20 years, I stepped down from the Executive and became a director, I wish to remain in this position. I will always work for the better of the center. Thank you Ruth Graham