

# VALLEY SENIORS NEWSLETTER

**Nov.  
2020**



## EXECUTIVE OFFICERS

Acting President—Ron Hill Past President  
1st Vice Pres—Ian Balding 2nd Vice Pres—Sheila Garrison  
Secretary—Caroline Thompson Treasurer—Neil Peters

## DIRECTORS

Maurice (Moe) Drew, Ruth Graham, Don MacKenzie, Cindy Shillito, Warren Gammel  
Rose MacKenzie, Shirley Kolompar



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**ALL REPORTS PLACED IN THE VALLEY SENIORS NEWSLETTER  
ARE INSERTED AS RECEIVED**

The  
VALLEY SENIORS MEMBERS



Send our best wishes to everyone celebrating.

BIRTHDAYS and ANNIVERSARIES

This month.



# *In Memoriam*

Doris Gray



These two members  
celebrate Birthdays  
on the  
same day, same month, same year.



FRIDAY NIGHT  
at  
ORIGINAL JOE'S

A group of six  
and  
two safely distanced  
at another table  
HAPPY BIRTHDAY  
SHIRLEY



## CARPET BOWLING OCTOBER

Not a lot to report for this past month. Generally we are getting 8 bowlers come out 3 times a week to bowl. As yet the trophies and medals have not been given out for competitions played last season 2019 - 2020. There are at least 6 bowlers that won, and have not been in the Valley Seniors Centre since Covid 19 started. We hope this will soon change and we all get a vaccine so that we can get back to everyday activities.

Carpet Bowlers wish everyone to **BE KIND, BE SAFE AND BE CALM** to each other.

Joan Ayers

Because of Covid 19 the Legion Branch 53 will not be holding Remembrance Day at the Valley Seniors Centre. We all hope that this is gone by this time next year, and these types of events will continue to be held at the Centre. The Legion has sent us a letter thanking us for our service in the past. Our doors are always open.

**PLEASE TAKE TIME ON NOVEMBER THE 11th TO REMEMBER OUR FALLEN SOLDIERS.**



Mixed Shuffle Board Report for September.

Dan Hughes.

### High Scores.

Dan	18 points
Ron Parker	17 "
Rolen	16 "
Steve	14 "

All players are becoming more skilled as each tournament is completed. 15 different gals and guys participated in September. The new board is excellent to play on, and we invite new players to join us. Even if shuffleboard is new to you, come and join us, and don't be shy. You'll learn quickly, and we guarantee you'll have lots of fun.

Darts

On Hold

Hello Everyone, I hope you are all keeping well. It is nice to see you all who have been coming into the Centre.

Darts will be on hold for now, as many of our regular players are staying away for now.

I will keep you posted as we proceed.

Stay safe!

Shirley Kolompar

Ladies Shuffleboard  
Thursdays 12:30-2

Hello Everyone, hope you are all keeping well.

We have been having fun at Shuffleboard. We would like to thank Toni and Veronica for joining us, also thanks goes our to Toni L and Geof from the mixed league for stepping in when we are short handed.

Stay Safe,  
Shirley Kolompar

**BEWARE OF FRAUD**

The Canadian Anti-Fraud Centre collects information on fraud and identity fraud. They provide information on past and current scams affecting Canadians. If you think are a victim of fraud, report it. And then tell your friends, by this way many more people will become aware of the fraud.

Some interesting statistics:

Between March 6, 2020 and September 30, 2020

Canadians reports of Covid 19 frauds: 5,242

Canadian victims of Covid 19 fraud: 3,922

Lost to Covid 19 fraud: \$6.2 M

The total impact of fraud so far this year as of September 30, 2020

Canadian victims of fraud: 18,533

Lost to fraud: \$67.2M

All of the above is from the Anti-Fraud Centre's website, antifraudcentre.ca

On such Covid-19 fraud is you receive an email saying you have tested positive for Covid-19, and you are tricked into confirming your health care number and credit card number in order to receive a prescription. Government agencies and other legitimate agencies WILL NOT ask for information via email or phone.

Another scam sends victims an email telling them they have been exposed to someone who tested positive for Covid-19. They are asked to fill out a form, but when the users click to review the form, their computer is infected with a download that installs, malicious files. Never click on a link from an unknown source.

There is a Covid-19 scam that offers free medical products, such as face masks, in exchange for a small donation. These fraudulent charities ask you to click on a link that takes you to three spoof website, and then asks for a small donation to cover the delivery fee to obtain the free product. Their aim is to get you to reveal personal information and financial details, so they can access your money.

**FLU VACCINE**

**The Flu shot clinic, scheduled for Nov. 4th has been cancelled. The Save on Pharmacy has been unable to get more vaccine at this time. We will keep your information on file at the VSO in hopes that more vaccine is acquired. But as things stand now I believe everyone that was scheduled for Nov. 4th should find another source for the vaccine.**

**Ron Hill**

## VIRTUAL BINGO

We have been given the go ahead from Gaming Commission to attempt Virtual Bingo. Gail MacDonald & Caroline Thompson will be organizing this. The reason for doing this is simple, we can allow 50 people to play on our Tuesday Bingo and we would like to try to reach out to those Members & friends who would like to play bingo, and are unable to get in on Tuesday because of our max number of 50 people. We would still have our Tuesday in hall bingo, this Virtual Bingo will be held on Friday evenings. Gail & I are working together to try and get this off the ground. There is a group on facebook called, Valley Seniors Organization Virtual Bingo Group, if you are interested please request that you would like to join the group, and I will confirm you. Please ask other Members & friends as well to join. If we can get a fair amount of people joining we will continue with this. If you have any questions Gail & I are available through the VSO #, 250 746-4433 to answer as best we can.

Caroline Thompson, Gail MacDonald

### FINANCIAL REPORT SEPTEMBER 2020

	BINGO	GEN. ACCOUNT
OPENING BALANCE	\$6,491.12	\$13,990.74
INCOME	\$4,278.00	\$ 7,894.27
EXPENSES	\$3,160.49	\$ 9,836.27
CLOSING BALANCE	\$7,608.63	\$12,048.74

Neil Peters VSO Treasurer

### EXCECUTIVE REPORT

Covid-19 is here to stay for awhile yet, our numbers are increasing every day. All though the Island is staying good we are monitoring the situation closely each day . There are times that I do see some members and nonmembers getting a little too close, shaking hands or hugging, please do not do this. We will wait and see what Bonnie Henry has for new orders in Nov. We are all trying our best so please work with us.

Thanks to Caroline for her idea of a virtual bingo. She and Gail are putting a lot of time into this so please support them. This is exciting and may be a big help to the centre, by taking some pressure of the Kitchen.

The executive and board will be looking into a way to have elections in March 2021. We have some good ideas and will keep you posted. Nov. General meeting we will be announcing a nominating committee, these people will seek out good candidates for all positions, some will be 2 years and some 1 year. Please support us while we go through these troubling times.

As our treasure reported we went into the red last month, it is a struggle and will remain that way for a while yet. You as members can help by supporting us. The kitchen is working hard to put out great food. Please take advantage of this and support them, Shirley and her girls are doing everything they can to keep us in the black, and when Neil reports we went into the red it is disheartening for them.

Bing is still doing well with max 50 people, Gail and her girls are working hard, again it is disheartening when everyone works so hard and we don't seem to get ahead, The virtual bingo will help.

Our Craft ladies are having a craft fair, please come out and support them.

**PLEASE COME**  
**and**  
**SUPPORT THE KITCHEN, BINGO, VIRTUAL BINGO**  
**and**  
**CRAFTS**

## KITCHEN REPORT

It's been an uphill climb at the Center for the last 5 months since we reopened our facility. It's a sign of the times and without your support we would have to close our wonderful gathering place. Words cannot express how much we appreciate your support towards our kitchen. We work so very hard to keep our doors open.

Thank you to our Bingo players & volunteers for your support every Tuesday. Restrictions are in place so 50 people maximum is all we are allowed. A far cry from the 100 + that used to attend.

Having said this we push ahead and hope that all this will soon pass so we can slowly get back to normal.

The Thanksgiving Turkey dinner went over very well. 30+ noon dinners were sold out quickly and from what I hear were enjoyed by all. The only complaint I heard was "too much food!". That's a good thing!!! I am mulling over a repeat of this meal just before Christmas? Depends on your input.

Most Fridays I try to come up with a "favorite" meal choice so it varies. Meat pies, curried chicken, Meat loaf dinner etc are just a few favorites. The salads have gone over extremely well however "greens" are becoming almost too expensive to buy.....if they are even available at times!!

Wednesday breakfasts are discontinued for now due to dwindling lack of interest however on Wednesdays Steve and his band play over noon hour and many of you support us by buying your lunch that day. Thanks for that!!! It's important for us to put our energies towards choices you desire.

Ron is the Soup Chef now for Tuesday's. He makes great soup and thanks to him for that. He and Cindy serve up burgers or hot dogs on Tuesdays. Another favorite.

Fish and chips are "down the road" for now. Fish has become too expensive and I encourage you to support our many local restaurants for fish and chips if you get a fancy for that dish.

Vicky comes in on Mondays to bake whatever I require. That's a huge relief for me and she does a wonderful job! Ron, Ian, Mo, Gillian, Caroline, Joanne, Cindy, Velda, June L., Frank, Diana, Shirley K, Neil.all dedicated volunteers....lets keep trucking ahead!!!!

If you have any POSITIVE input regarding what we are up to in the kitchen please come and share your thoughts with me. If someone has unwittingly made you feel unwelcome be sure to speak to one of the Board or myself. That is not tolerated. WE WELCOME YOU! We get a thank you card occasionally and that little gesture goes a long way towards pushing us forward. We are there for YOU! We love serving you and hopefully we make your day just a little more enjoyable!

Shirley Hill. :KITCHEN CO-ORDINATOR.



### FRIDAY SPECIALS

**ROAST BEEF WITH YORKIES, VEG,  
POTATOES.WHAT ARE YOU WAITING  
FOR ORDER NOW.**

**DON'T GET MISS OUT ON THIS  
FRIDAY'S SPECIAL.**

**ALWAYS WATCH THE NOTICE BOARD  
FOR FRIDAY SPECIALS.**

CRAFT REPORT

The Wednesday morning Craft group has been very busy creating handcrafted items for our Christmas Sale and to fill the display cabinets behind the reception desk. A big thank you to the hardworking ladies who handcraft the articles that we sell to help support the Centre!

In October we said good-bye one of our long-time knitters/crocheters - Joyce Hargreaves is moving to Yellowknife to be with her family. We will really miss her at the table on Wednesdays and wish her all the best.

**Christmas is coming!  
CHRISTMAS CRAFT SALE**

**Monday, Nov. 30<sup>th</sup>, Tuesday, Dec. 1<sup>st</sup> and Wednesday Dec. 2<sup>nd</sup>**

The VSO Craft Group will be displaying and selling our handcrafted items in COVID safe manner in the Craft Room. Masks will be required.

This would be a good time to view the work of the Wednesday morning Craft Group and purchase gifts for family and friends!

I know it is early ..... but don't forget to check the display cases when you are doing your Christmas shopping.

WINTER ITEMS ON SALE - selected toques, scarves, afghans and sweaters are marked down as we need space for new products!

Sheila  
Garrison  
(Craft Group Coordinator)

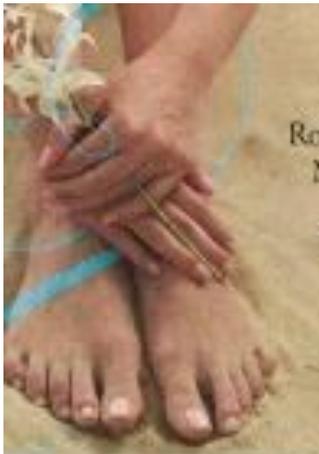
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**NOVEMBER 2020**

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>1</b> Daylight Savings Time Ends	<b>2</b> Carpet Bowling 9:30 Shuffleboard 11:30	<b>3</b> Bingo 9:00	<b>4</b> Crafts 9:30 Steve & Friends 11:15	<b>5</b> Carpet Bowling 9:15 Crib 12:00	<b>6</b> Carpet Bowling 9:15 Ukulele 12:00 Whist 12:00	<b>7</b> Line Dancing 10:00 Shuffleboard 9:00
<b>8</b>	<b>9</b> Carpet Bowling 9:30 Shuffleboard 11:30	<b>10</b> Bingo 9:00	<b>11</b> Crafts 9:30 Steve & Friends 11:15 <b>Remembrance Day Center Closed</b>	<b>12</b> Carpet Bowling 9:15 Crib 12:00	<b>13</b> Carpet Bowling 9:15 Ukulele 12:00 Whist 12:00	<b>14</b> Line Dancing 10:00 Shuffleboard 9:00
<b>15</b>	<b>16</b> Carpet Bowling 9:30 Shuffleboard 11:30	<b>17</b> Bingo 9:00	<b>18</b> Crafts 9:30 Steve & Friends 11:15	<b>19</b> Carpet Bowling 9:15 Crib 12:00	<b>20</b> Carpet Bowling 9:15 Ukulele 12:00 Whist 12:00 <b>Board Meeting 2:00</b>	<b>21</b> Line Dancing 10:00 Shuffleboard 9:00
<b>22</b>	<b>23</b> Carpet Bowling 9:30 Shuffleboard 11:30	<b>24</b> Bingo 9:00	<b>25</b> Crafts 9:30 Steve & Friends 11:15 <b>General Meeting 1:00</b>	<b>26</b> Carpet Bowling 9:15 Crib 12:00	<b>27</b> Carpet Bowling 9:15 Ukulele 12:00 Whist 12:00	<b>28</b> Line Dancing 10:00 Shuffleboard 9:00
<b>29</b>	<b>30</b> Carpet Bowling 9:30 Shuffleboard 11:30					

<b>OPEN MON.—FRI. 9:00am—2:00pm</b> <b>SAT. 9:00 am—1:00 PM</b> <b>CLOSED SUNDAYS</b>		<b>DAILY LUNCH</b> <b>WED. BREAKFAST</b> <b>9:30am - 11:00am</b>	<b>DUE TO COVID 19 NOT</b> <b>ALL ACTIVITIES HAVE</b> <b>STARTED</b>
<b>MON</b>	<ul style="list-style-type: none"> <li>• MEXICAN TRAIN</li> <li>• CARPET BOWLING</li> <li>• CONTRACT BRIDGE</li> <li>• MAH JONG</li> <li>• CRIBBAGE</li> <li>• SHUFFLEBOARD (Tournement)</li> </ul>	<ul style="list-style-type: none"> <li>• TBA</li> <li>• 9:30am</li> <li>• TBA</li> <li>• TBA</li> <li>• TBA</li> <li>• 11:30am</li> </ul>	
<b>TUES</b>	<ul style="list-style-type: none"> <li>• HARMONICA BAND</li> <li>• BINGO</li> </ul>	<ul style="list-style-type: none"> <li>• TBA</li> <li>• 9:45 early bird</li> </ul>	
<b>WED</b>	<ul style="list-style-type: none"> <li>• CRAFTS</li> <li>• CARPET BOWLING</li> <li>• MUSIC</li> <li>• WHIST</li> <li>• CHOIR</li> <li>• EUCHER</li> <li>• SHUFFLEBOARD</li> </ul>	<ul style="list-style-type: none"> <li>• 9:00am (BINGO HALL)</li> <li>• TBA</li> <li>• 11:30am</li> <li>• TBA</li> <li>• TBA</li> <li>• TBA</li> <li>• ANYTIME</li> </ul>	
<b>THUR</b>	<ul style="list-style-type: none"> <li>• CARPET BOWLING</li> <li>• CARVERS</li> <li>• CRIBBAGE</li> <li>• LADIES SHUFFLEBOARD</li> </ul>	<ul style="list-style-type: none"> <li>• 9:15am</li> <li>• 11:00am</li> <li>• 12:00pm</li> <li>• 12:30pm</li> </ul>	
<b>FRI</b>	<ul style="list-style-type: none"> <li>• DUPLICATE BRIDGE</li> <li>• CARPET BOWLING</li> <li>• WHIST</li> <li>• CHOIR</li> <li>• UKULELE</li> <li>• TEACHING DANCE (BALLROOM)</li> <li>• SHUFFLEBOARD</li> </ul>	<ul style="list-style-type: none"> <li>• TBA</li> <li>• 9:30am</li> <li>• 12:00pm</li> <li>• TBA</li> <li>• 12:15pm (BINGO HALL)</li> <li>• TBA</li> <li>• ANYTIME</li> </ul>	
<b>SAT</b>	<ul style="list-style-type: none"> <li>• SHUFFLEBOARD (TOURNEMENT)</li> <li>• LINE DANCING</li> <li>• VSO DANCE</li> </ul>	<ul style="list-style-type: none"> <li>• 9:30am</li> <li>• 10:00am</li> <li>• TBA</li> </ul>	

**LIFE MEMBERSHIP**

Please fill out this form if you wish to submit a member for LIFE MEMBERSHIP

RETURN FORM TO NEIL PETERS

BY NOVEMBER 15, 2020

**LIFE MEMBERSHIP FORM**

**MEMBERS NAME:** \_\_\_\_\_

**WHY DOES THIS MEMBER WARRANT A LIFE MEMBERSHIP:**

**SIGNATURE of SUMITER:** \_\_\_\_\_

**DATE:** \_\_\_\_\_